



Save the River

The River Lea is one of the most polluted rivers in the UK. Raw sewage and waste water flows through the Lea Valley every day.

What can you do?

Join our pledge to Love the Lea

Report river pollution on 0800 80 70 60

Check your home for misconnected pipes

Switch to phosphate-free dishwasher detergent

www.thames21.org.uk/project/lovethelea

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