



THAMES21

Corporate Enrichment Days



ABOUT US

Step out of the office. Embrace a new work day rewilding London's rivers.

We offer bespoke team building experiences which encourage your employees to grow together as they bring about meaningful change for London's rivers.

Thames21 is putting healthy rivers at the heart of community life. We use education to empower, environmental enhancements to transform, pioneering research to influence, and advocacy to energise. And we work hand-in-hand with companies like yours to deliver lasting and meaningful change for urban rivers. It's been proven that people who spend time outdoors enjoy better physical and emotional wellbeing, and are happier and more productive as a result.

Our nature-led **Corporate Enrichment Days** get teams outside, working together for the good of our waterways.

Our team building experiences enable employees to build lasting connections with their colleagues, and reconnect with themselves, too. Work with us and your whole company will feel the benefits – and our rivers will too.

By partnering with us, you will also be championing a sustainable future for our waterways and inspiring people to cherish rivers.



We work hand-in-hand with companies like yours to deliver lasting and meaningful change for urban rivers and use these opportunities to help you optimise and invest in your team.

WHY PARTNER WITH US

London's waterways are the beating heart of the capital and support a rich diversity of wildlife. Their banks act as pockets of peace away from the bustle of city life, inspiring adventure and possibility. Without them our capital would feel very different. Yet London's rivers are under intense pressure and are among the most polluted in Britain. At any given time, they are being compromised by climate change, invasive species, vegetation overgrowth, litter, plus other forms of pollution.

Be part of the solution!

Thames21 is fighting for change by investing in our rivers' futures. We're nurturing them back to health through restoration and environmental improvement, and putting them back at the heart of community life.

It's an immense task. But you and your team can help – no matter how big or small your company is.

“The Enrichment Experience helped our team pull together in new ways, go beyond boundaries and opened our eyes to the needs of rivers on our doorstep.”

Flood + Partners

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HOW WILL YOUR TEAM BENEFIT?

Our Corporate Enrichment Days get your team out of the office and onto the river bank where they'll experience unique, wildlife-related activities, specifically designed with you all in mind.

By motivating your team, you can boost morale and productivity, but what we offer goes further.

We can tailor make enrichment experiences to help meet your specific objectives and give your team the chance to get out of its comfort zone, push boundaries, think creatively, work strategically and join the conversation.

Our Enrichment Days energise teams with hands-on conservation work that is guaranteed to that feel-good factor of doing something good for our planet.

Come spend an Enrichment Day with us on London's blue corridors. They are the ultimate antidote to a fast-paced workplace, encouraging employees to reconnect, without the pressure inherent to most other team building days.

Our experiences, offered across a range of locations in London, are the ideal opportunity for you and your team to view things from a fresh perspective.

EXPERIENCES

© Thames21

Our team building experiences offer an incredibly memorable day for your whole team and a chance to unlock everyone's true potential.

I AM TURNING
THE TIDE ON
OCEAN PLASTIC

Remove litter

This is far from an average litter pick. Any foreshore litter removal experience is a real eye-opener, revealing not only the weird and wonderful things that end up in the river, but also the extent to which our rivers are choking on plastic. Ideal for: boosting morale and inspiring your team to care about their impact on the environment.

Control invasive species

Himalayan Balsam is doing untold damage to our river banks. This non-native, invasive plant may look pretty in pink, but it grows quickly and colonises the river, suffocating our native river species. This activity is best performed during the Spring. Ideal for: broadening minds and staff enrichment.

Restore the river

Enhance the river for fish, invertebrates and plants using restoration techniques such as weir removal and gravel riffle introduction. Seeing the river evolve and improve throughout the day as a result of your team's efforts is one of the most rewarding experiences we know. Ideal for: strengthening team bonds and enhancing communication.

Manage vegetation and woodland

A river needs light in order to thrive, but overgrown tree canopies limit plant diversity and prevent aquatic plants from naturally restoring many of our rivers. Using bow saws, grass hooks and loppers, your team will clear vegetation and use it to build 'dead hedges' and habitats for invertebrates, reptiles and amphibians.

Plant a reed bed

Reed beds are vital habitats for healthy rivers, but many have been lost due to urbanisation. Installing a reed bed is a challenging yet fun building experience, which leaves behind a green legacy for wildlife. Thames21 has already reintroduced kilometres of reed bed along the Lee Navigation. Ideal for: improving communication and team bonding.

Clean up with canoes

As an extension to the litter pick, we can arrange for smaller groups to pick litter using canoes, bringing a whole new dimension to the experience. Ideal for: inspiring creativity in the workplace and strategic team work.



The experiences* are held on a number of London's rivers including...

The Thames, Brent, Ravensbourne, Quaggy, Lea, Cray and Jubilee.

Some of our more popular locations include...

Hammersmith Bridge, Battersea Bridge, Cutty Sark, North Greenwich Peninsular, Woolwich, Harrow, Grand Union Canal and Regents Canal, but we also host experiences in Reading and Slough, Staines upon Thames, Wembley, Watford, Lewisham and Lea Valley Park among others.

Contact us for the full list of available locations.

*Please be aware that some activities may be subject to season, tides weather and additional charges.

Not sure about the hands-on approach?

Please get in touch to discover the type of projects you can support with a financial contribution, gift-in-kind or water stewardship.

Invest in your team

Book a tailored Corporate Enrichment Day

Telephone: 020 7248 7171 or 07584 172209

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