



# Corporate Team Days with Thames21





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## About Us

Thames21 is a leading environmental charity working across London and the Thames Basin, delivering nature-based, community-focused solutions to tackle the climate and biodiversity crisis.

We work hand-in-hand with companies like yours to deliver lasting and meaningful change for urban rivers and wildlife.

## Why Partner With Us

London's rivers are the beating heart of the capital and support a rich diversity of wildlife. Yet they are under intense pressure and are among the most polluted in the UK. They are threatened by climate change, invasive species, vegetation overgrowth, litter, sewage and other pollutants.

By partnering with us, your team will benefit from a wellbeing boost whilst also championing a sustainable future for our rivers and inspiring people to cherish nature.

## Be part of the solution!

Thames21 is fighting for change by investing in the future of our rivers. We're restoring them to health and putting them back at the heart of community life.

It's an immense task. But you and your team can help – no matter how big or small your company is.

### What Corporate Groups Say About Thames21

**“A massive thank you to you and the team for what was a totally wonderful Thames21 volunteering day for Octopus! The team yesterday were so excited and really, really enjoyed the day and feeling a sense of achievement about what we did.”**

**Louise Skinner, Head of Giving, Octopus Group**



## What You Can Do

Our experiences, offered across a range of locations in and around London, are the ideal opportunity for you and your team to get physical and view things from a fresh perspective. So book your team in for an unmissable day out, taking practical action to tackle climate change, and improving the environment on London's rivers!

### Thames21's active days for corporate groups enable your team to:

- Be climate active and climate aware
- Improve wellbeing
- Develop relationships
- Think creatively
- Learn about rivers, water and climate change
- Hit sustainability goals
- Have fun!

### Activities include:

#### Remove litter, plastics and wet wipes

This is far from an average litter pick. Any foreshore litter removal experience is a real eye-opener, revealing not only the weird and wonderful things that end up in the river, but also the extent to which our rivers are choking on wet wipes and plastic.

#### Control invasive species

Himalayan Balsam, for example, is doing untold damage to our riverbanks. This non-native, invasive plant may look pretty in pink, but it grows quickly and colonises the river, suffocating our native river species, and requires care and expertise to remove

#### Restore the river

Enhance the river for fish, invertebrates and plants using a number of different restoration techniques. Seeing the river evolve and improve throughout the day as a result of your team's efforts is one of the most rewarding experiences we know.



### What Corporate Groups Say About Thames21

**“It felt like we achieved so much as a team, and everyone got a wellbeing boost from spending the day outside doing something physical and so beneficial.”**

**Lucy Webster**, External Affairs Director,  
Tideway



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### Manage vegetation and woodland

A river needs light in order to thrive, but overgrown tree canopies limit plant diversity and prevent aquatic plants from restoring our rivers naturally. Using a variety of hand tools, your team will clear vegetation and use it to build 'dead hedges' and habitats for invertebrates, reptiles and amphibians.

### What Corporate Groups Say About Thames21

**“We had an incredible day.  
Thank you so much!”**

Kei Ishidoya, Director, Fitch Ratings

### Invest in Your Team

As an example, taking a team of 20 onto one of London's rivers for a day's active volunteering will cost approximately £2,700 + VAT, whilst a half day is around £2,300 + VAT.

Costs cover our expertise in river sites, conditions, tides, and river improvement activities; full risk assessments, health and safety protocols including safe staff/group ratio, Public Liability Insurance cover, permissions to work on the river, waste disposal, all equipment, briefing on why the work is vital to help the environment, and a fun team day out!



## How to Book

**Email** [corporate-volunteering@thames21.org.uk](mailto:corporate-volunteering@thames21.org.uk) to tell us about your **group size** and **preferred months**

**Book early as demand is high!** We recommend that you contact us **at least 6 weeks** before your planned volunteering activity

**Return your T&Cs promptly to secure your booking.**

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## Clients Include:

- Accenture
- AIG
- Bank of England
- Bloomberg
- BNP Paribas
- Britvic
- BUPA
- CPP Investments
- Coca-Cola
- Commerzbank
- Control Risks
- Cory Group
- DC Advisory
- Fitch Ratings
- Fortnum and Mason
- Goldman Sachs
- Google
- HSBC
- Janus Henderson Investors
- JP Morgan
- KPMG
- Lynch Plant Hire
- Mindful Chef
- Munich RE
- Norton Rose Fulbright
- Octopus Group
- PWC
- Rolls Royce
- Royal Sun Alliance
- Selfridges
- Swiss RE
- Tideway
- Wellcome Trust